

SUMMER II 2023 Food Allergen Guide for Prepared, Snacks and Ready to drink



WE CANNOT GUARANTEE THAT ANY OF OUR PRODUCTS ARE FREE FROM ALLERGENS (INCLUDING MILK/DAIRY, EGGS, SOYA, NUTS, PEANUTS, GLUTEN AND OTHERS) AS WE USE SHARED EQUIPMENT TO STORE, PREPARE AND SERVE THEM! SOME INGREDIENTS MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT. **All of our products may contain traces of all allergens.** For all packaged foods including impulse items please refer to the package label for allergen information,
 ✓ : Allergen present in the product T: Traces of the allergen

| Product Name | Cereals containing Gluten | Milk | Eggs | Soya | Nuts | SO2 & Sulphites >10ppm | Sesame Seeds | Peanuts | Mustard | Celery | Lupins | Crustaceans | Molluscs | Fish |
|------------------------------|---------------------------|------|------|------|------|------------------------|--------------|---------|---------|--------|--------|-------------|----------|------|
| Chiapudding Mango | | | | | T | | | T | | | | | | |
| Chiapudding Raspberry | | | | | T | | | T | | | | | | |
| Overnight Oats | ✓ | T | | T | T | | | T | T | | | | | |
| Yoghurt forest fruit coulis | ✓ | ✓ | | T | T | | | T | | | | | | |
| Chicken en Avocado Sandw | ✓ | ✓ | ✓ | ✓ | | | T | | ✓ | | T | | | ✓ |
| BLT Sandwich | ✓ | ✓ | ✓ | T | | | T | | ✓ | | T | | | T |
| Beet wrap Falafel | ✓ | T | T | | T | | ✓ | | ✓ | T | | T | | T |
| Tomato Wrap No Beef | ✓ | ✓ | ✓ | ✓ | | | T | | ✓ | | | | | T |
| House Chicken Ceasar Salad | ✓ | ✓ | ✓ | ✓ | | | T | | ✓ | | T | | | ✓ |
| Spinach Wrap Salmon | ✓ | ✓ | T | | | | T | | | | | | | ✓ |
| Croissant ROLL Ham en Cheese | ✓ | ✓ | ✓ | T | T | | T | | ✓ | | | | | T |
| All Day Breakfat Ciabatta | ✓ | ✓ | ✓ | T | | | T | | ✓ | | | T | | ✓ |
| Ciabatta Tun Melt | ✓ | ✓ | ✓ | T | T | | ✓ | T | ✓ | | | | | ✓ |
| Chipotle Chicken Baquette | ✓ | ✓ | ✓ | ✓ | T | | ✓ | | ✓ | | | | | T |
| Bagel Creamcheese | ✓ | ✓ | T | ✓ | | | ✓ | | | | | | | T |
| Foccacia Caprese | ✓ | ✓ | ✓ | T | T | | T | | ✓ | | | | | T |
| Ciabatta Mexican No Beef | ✓ | ✓ | T | ✓ | | | T | | | | | | | T |
| Ham,Cheese And Egg Sandwich | ✓ | ✓ | ✓ | ✓ | | | ✓ | | ✓ | | T | | | T |

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| | | | | | | | | | | | | | | |
|------------------------------|---------|---|---|---|---|---|---|--|---|---|--|---|---|---|
| Breakfast Croissant Bun | ✓ | ✓ | ✓ | ✓ | T | ✓ | T | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Egg Muffin | ✓ | ✓ | ✓ | T | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Ham & Emmental Sandwich | ✓ | ✓ | T | T | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Chicken & Cheddar Sandwich | ✓ | ✓ | ✓ | T | T | T | T | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Tomato & Mozzarella Sandwich | ✓ | ✓ | T | T | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Club Bacon Sandwich | ✓ | ✓ | T | ✓ | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Cajun Chicken Club Sandwich | ✓ | ✓ | ✓ | ✓ | T | T | T | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Bagel au pastrami | ✓ | ✓ | T | ✓ | T | ✓ | ✓ | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Ranch Vegetarian Wrap | ✓ | ✓ | ✓ | ✓ | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Ham & Cheese Toastie | ✓ | ✓ | T | T | T | T | T | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Five Cheese Toastie | ✓ | ✓ | T | T | T | T | T | | ✓ | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Pesto Vegetarian Toastie | ✓ | ✓ | ✓ | ✓ | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Ham & Cheese Croissant | ✓ | ✓ | T | T | T | T | T | | T | T | | T | T | T |
| | (wheat) | | | | | | | | | | | | | |
| Yoghurts / Fruits Salads | | | | | | | | | | | | | | |
| Fruit Salad | | | | | | | | | | | | | | |
| Impulse | | | | | | | | | | | | | | |
| Gold Coin | | ✓ | | | T | T | | | | T | | | | |
| Caramel Waffles | ✓ | ✓ | | ✓ | | | | | | | | | | |
| | (wheat) | | | | | | | | | | | | | |
| Madeleine | ✓ | ✓ | ✓ | T | T | | | | | | | | | |
| | (wheat) | | | | | | | | | | | | | |
| Chocolate madeleines | ✓ | ✓ | ✓ | ✓ | T | | | | | | | | | |
| | (wheat) | | | | | | | | | | | | | |
| Cookie Straw | ✓ | ✓ | ✓ | T | T | | | | T | | | | | |
| | (wheat) | | | | | | | | | | | | | |
| Short Bread | ✓ | ✓ | | | | | | | | | | | | |
| | (wheat) | | | | | | | | | | | | | |

SUMMER II 2023 Food Allergen Guide for Prepared, Snacks and Ready to drink



Ready to drink

| | | | | | | | | | | | | | | |
|----------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| White Peach Ice Tea | | | | | | | | | | | | | | |
| Lemon Mint Ice Tea | | | | | | | | | | | | | | |
| Apple Juice 33CL | | | | | | | | | | | | | | |
| Lemon Citrus 33CL | | | | | | | | | | | | | | |
| Mixed Berris Smoothie 33CL | | | | | | | | | | | | | | |
| Appel Kiwi Smoothie 33 CL | | | | | | | | | | | | | | |
| Exotic Juice 33CL | | | | | | | | | | | | | | |
| Tropical Smoothie 33 CL | | | | | | | | | | | | | | |
| Orange Juice 33CL | | | | | | | | | | | | | | |

Sides

| | | | | | | | | | | | | | | |
|----------------|--|---|--|---|--|--|--|--|--|--|---|--|--|--|
| Caramel Sauce | | ✓ | | ✓ | | | | | | | | | | |
| Strawberry jam | | | | | | | | | | | | | | |
| Apricot jam | | | | | | | | | | | | | | |
| Honey | | | | | | | | | | | | | | |
| Maple syrup | | | | | | | | | | | | | | |
| Ketchup | | | | | | | | | | | ✓ | | | |